

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu  
Autumn 2019 GCC-  
Miserden

caterlink  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02.09.2019 23.09.2019 14.10.2019 11.11.2019 02.12.2019	Main	Cheese & Tomato Pizza	Sausages & Mash	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Chicken Pasta Bake	MSC Fish Fingers/Salmon Fish Fingers with Chips
	Vegetarian	Quorn Sausage with Potato Wedges	Five Bean Chilli with 50/ 50 Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Cottage Pie with Gravy	Spinach & Tomato Quiche with Chips
	Jacket pot Soup	<b>Jacket Potato with Beans</b>	<b>Tomato Soup with ½ filled baguette</b>	<b>Jacket Potato with Tuna</b>	<b>Vegetable Soup with ½ filled baguette</b>	<b>Jacket Potato with Cheese</b>
		Peas Coleslaw	Broccoli Sweetcorn	Cauliflower Carrot	Savoy Cabbage Sweetcorn	Baked Beans Peas
	Dessert	<b>Pear sponge &amp; Custard</b>	Iced Sponge	Chocolate Shortbread	Apple Crumble with Custard	Jelly Fruit and Yoghurt
Week 2 09.09.2019 30.09.2019 21.10.2019 18.11.2019 09.12.2019	Main	Roasted Vegetable Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Tagine with Couscous	MSC Fish in breadcrumbs with Chips
	Vegetarian	Vegetable Tagine with Couscous	Vegetarian Quorn Spaghetti Bolognaise	Vegetarian Wellington with Roast Potatoes and Gravy	Macaroni Cheese	Red Pepper Frittata
	Jacket pot Soup	<b>Jacket Potato with Beans</b>	<b>Tomato soup with ½ filled baguette</b>	<b>Jacket Potato with Tuna</b>	<b>Vegetable Soup with ½ filled baguette</b>	<b>Jacket Potato with Cheese</b>
		Carrots Green Beans	Peas Cauliflower	Cabbage Swede	Sweetcorn Green Beans	Baked Beans Peas
	Dessert	Fruit Crumble with Custard	<b>Chocolate &amp; Beetroot Brownie</b>	Carrot Cake	Ginger Sponge with Custard	Jelly Fruit and Yoghurt
Week 3 16.09.2019 07.10.2019 04.11.2019 25.11.2019 16.12.2019	Main	Cheese & Pepper Pizza	Chicken, Pie with Mashed Potato	Roast Pork with Roast Potatoes and Gravy	Spaghetti Bolognaise with Garlic Bread	MSC Fish in Batter with Chips
	Vegetarian	Bean & Lentil Burger with New Potatoes	Roasted Cauliflower Curry with Rice	Quorn Fillet with Roast Potatoes and Gravy	<b>Cheese &amp; Pepper Whirl</b>	Vegetable Pasta Bake
	Jacket Pot Soup	<b>Jacket Potato with Beans</b>	<b>Tomato Soup with ½ filled baguette</b>	<b>Jacket Potato with Tuna</b>	<b>Vegetable Soup with ½ filled baguette</b>	<b>Jacket Potato with Cheese</b>
		Peas Carrot & Beetroot Slaw	Sweetcorn Green Beans	Carrots Broccoli	Sweetcorn Savoy Cabbage	Baked Beans Peas
	Dessert	Fruit Strudel with Custard	Apple Flapjack	Orange Drizzle Cake	Chocolate and Mandarin Sponge with Chocolate Sauce	Jelly Fruit and Yoghurt

